

In Search of Myself – Production Pack

Distracting Cats Productions presents

In Search of Myself – A manic episode in the life of Alex and Charlie



In Search of Myself – Production Pack

This is a play about Bipolar Disorder. But don't let that put you off.

★★★★★ *Broadway Baby – “An honest, powerful and poignant piece of theatre.”*

ABOUT THE SHOW

In Search of Myself is a play written by Benedetta Basile.

The play is based on Benedetta witnessing a manic episode of a friend.

In Search of Myself is a close-up and personal look at the impact of bipolar disorder on the relationship of a couple in their 30s.

It follows Alex and Charlie from the heights of delusions to the depths of depression. Charlie has to deal with the highs and lows of a mood they have no control over, Alex has to deal with the sharp memories and feelings connected to seeing the person you love spiral into despair.

This is a story about a couple, regardless of gender and sexuality because we want to show different dynamics. So some performances may reflect LGBTQ dynamics or portray the male character with mental illness.

When we developed the show, we worked with Bipolar UK who put us in touch with sensitivity readers to make sure the show is as realistic as possible.

The show is suitable for all audiences with a recommended age guidance of 13+ since there is some mild swearing in the show.

“An incredibly important piece.” – The Review Hub

THE STORY SO FAR

In Search of Myself premiered at the Camden Fringe 2017. It was also performed at the Bread and Roses Theatre in London and was part of the Brighton Fringe 2018 where it received a 4-star review from Broadway Baby.

We aim to tour the show in 2019 and bring it to the Edinburgh Fringe.

We have 4 actors who can play both parts to ensure we can bring the show with a short notice to venues or festivals and be able to have a same sex couple portray the story or have a male identifying actor play the character with bipolar disorder.

**Creative Team**

Writer/Director - Benedetta Basile

Producer – Rebecca Dilg

MARKETING



Running time: 60 minutes

Age guidance: 13+

Website:

<https://insearchofmyselfuk.wordpress.com>

Twitter: @SearchMyselfUK / #ISOM2019

Facebook: SearchMyselfUK

30-word copy

In Search of Myself is a close-up, personal look at the impact of bipolar disorder on a couple's relationship - from the heights of delusions to the depths of depression.

50-word copy

In Search of Myself is a close-up look at the impact of bipolar disorder on a couple's relationship.

It follows Alex and Charlie from the heights of delusions to the depths of depression.

This is a story about a couple, regardless of gender and sexuality, some performances may reflect LGBTQ-dynamics.

100-word copy

In Search of Myself is a close-up and personal look at the impact of bipolar disorder on the relationship of a couple.

It follows Alex and Charlie from the heights of delusions to the depths of depression. Charlie has to deal with the highs and lows of a mood they have no control over, Alex has to deal with the memories and feelings connected to seeing the person they love spiral into despair.

This is a story about a couple, regardless of gender and sexuality, so some performances may reflect LGBTQ dynamics or portray the male character with mental illness.

TECHNICAL

Number of cast members: 2

Number of crew members: 1

Lighting/Sound technician (venue technician preferred)

Running time: 60 minutes (no interval)

Minimum venue requirements:

Set requirements: 2.5m x 3.5m playing space (can be less if stage is not raised)

2 chairs

WRITER & DIRECTOR BIOGRAPHY

Benedetta Basile is a short film and theatre director who has a penchant for meaningful stories which make people talk. Mental health, feminism and comedy are all themes and genres close to her heart. Previous credits include Ghost Keeper (web series) and Ouija Sex (Short film) which has won several awards at short film festivals, including the Audience Award for 'Best Comedy Short' at Another Hole in the Head Film Festival in San Francisco, 'Best Comedy' and "Audience Choice Award" at Rebel Film Festival in Plymouth as well as 'Best Comedy' at Bolton Film Festival.

Previous credits include: Director's Cut Theatre Showcase (Southwark Playhouse), Unfolded Showcase (Bread and Roses Theatre), Ghost Keeper (Web Series), Ouija Sex (Short film) etc.

Reviews:

Unfolded Showcase

★★★★★ *"the most entertaining piece of the evening" – Everything Theatre*

PRODUCER

Rebecca Dilg is a theatre producer and currently producing In Search of Myself and Big (for Distracting Cats Productions) as well as So You Say (for Different Theatre).

Previous credits include: I Will Miss You When You're Gone (Hen & Chickens Theatre), Vinegar Alley (Rehearsed Reading), 5-Step Guide to Being German (Brighton, Edinburgh and Adelaide Fringe, Melbourne International Comedy Festival).

Reviews:

I Will Miss You When You're Gone

"excellent performances ... as well as a number of clever gags" – Theatre Box Blog

"A refreshing dose of dark humour, and some spectacular moments of dramatic irony" – Everything Theatre

PRODUCTION COMPANY

Distracting Cats Productions is a production company based in London. It was founded in 2017 by Benedetta Basile and Rebecca Dilg.

AUDIENCE RESPONSE

“Very brave play.” – Yvette Kolthoff, Twitter

“Thought-provoking, relevant play” – Stephanie Peter, Twitter

“In Search of Myself: really moving and informative.” – Daniel Austin-Boyd, Twitter

AUDIENCES

- Audiences interested in new writing
- Audiences interested in topics around mental health/illness
- Those involved or working in the mental health sector
- Those who have bipolar disorder, their friends and families

CONTACT

Please contact Rebecca Dilg at Distracting Cats Productions

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